

Each One Save One, a social forum of NMIMS, Shirpur campus organized an online webinar on “Mental Health Awareness” on Sunday, October 18, 2020

Date & Time of Event: Sunday, October 18, 2020 from 4-6 pm.

In charge : Dr. Payal Dande, In-charge EOSO Social forum.

Student Coordinators : Vaibhav Pandey, Devika Nair, Yogesh Pandey, Yash Mehta, Rishabh Shetty.

Conducted through : Microsoft Team

Summary report:

Each One Save One, a social forum of NMIMS, Shirpur campus had organized an online webinar on “Mental Health Awareness” on October 18, 2020. The session got organized for the first year students to create awareness, prevent serious menaces and help young generation to cope up with stress situations. **Ms. Natasha Ambre**, a certified QPR Institute Mental Health Professional, founder at Maeve Therapy and Mental Health Advocate the resource person for the session. EOSO team along with **Mrs. Kiran Akasepu**, (Psychological counsellor) at NMIMS MPTP campus under the guidance of **Dr. Payal Dande** successfully carried the activity. More than 100 participants attended the session. The event was extremely informative, useful and interactive. The session received positive feedback from faculty members and students. The participants requested to conduct few more sessions on the similar topics.



The team is thankful to our Director Dr. R.S. Gaud, Mr. Rahul Dande for providing us with constant motivation and above all Dr. Payal Dande, head social forum for giving us this opportunity and providing us their constant support.

Report submitted by,
EOSO
SVKM's NMIMS, MPTP, Shirpur Campus